

Applied Training in Systemic Family Constellations

Second Year

Putting Systemic Understanding into Practice

The Applied Training in Systemic Family Constellations follows and deepens the learning journey of the Foundation year. This course enables participants to extend their capacity and develop the skills required to put theory and understanding into practice.

This second year gives a deeper understanding of specific areas of practice; it also aims to further equip participants with the skills to integrate a constellating methodology in the professional contexts within which they work, including one-to-one practice.

Who is it for?

This course is for individuals who have completed a foundation year of systemic training with CSC, or another similarly oriented institution, and who wish to further integrate this perspective into their personal life and professional practice.

It is particularly relevant for professionals whose work brings them into contact with family and other social systems, for example:

- Therapists, counsellors, health professionals and those in related fields
- Social care professionals working with children and families, marginalised social groups and refugees.
- Those working in the field of substance abuse and in the criminal justice system.

As it is a method for dealing with human systems that can help to find a place for every member of the system, this approach integrates with and deepens other resolution-oriented perspectives.

Contact Information

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What will you learn?

This 2nd year course builds on the theory and practice of the foundation course, while the emphasis (again) is on experiential learning and learning by doing. It aims to further equip participants with the skills to integrate a constellating methodology in the professional contexts within which they work, including one-to-one practice.

The course will cover:

- Deepening your presence, authority and intention as a practitioner
- Conducting initial interviews, so as to expand your choice points before, during and at the conclusion of a constellation.
- Developing your sensitivity to language and somatic information in both group and 1-1 contexts, and your capacity to work with movements and sentences
- Developing a solution-focused outlook
- Specific areas of practice e.g. working with symptoms, addiction, trauma, couples and conflict.

The course will also provide further opportunities to constellate (with support) those issues that relate to your professional orientation.

Course Dates 2012

This course includes 5 training modules, trainee community days for practice and experimentation, while participants also receive personal tutorials and are able to attend faculty-led workshops.

Module 1	2-4 March	Residential, Somerset
Module 2	11-13 May	Non-residential, London
Module 3	6-8 July	Non-residential, London
Module 4	12-14 Oct	Non-residential, London
Module 5	16-18 November	Residential, Somerset

Tutorial dates will be arranged individually.

Contact Information

All non-residential modules are held at Violet Hill Studios (NW8) in London. Residential modules will be held at Budleigh Farm, near Taunton. Students will be required to book off site Bed and Breakfast. A list will be provided.

Fee £1665 (if deposit received before 19th December 2011)
£1740 after 19th December 2011
a non refundable deposit of £355 will be needed to secure your place
Please note *there is no VAT on top of these fees*

For a course application or further information please contact Marilene on **07929 313 976** or **info@centreforsystemicconstellations.com**

"An excellent grounding in the theory and practice of this work from the UK's leading practitioners. It has proved extremely valuable both personally and professionally, and given me a wonderful peer group of emerging practitioners in this work."



Faculty

The course is taught by seven practitioners, each of whom has more than a decade of experience in constellations work.

Senior Faculty

Judith Hemming, MA, UKCP Reg is a senior teaching faculty member and has a background in education and Gestalt psychotherapy. Since learning Hellinger's approach in the early 90's and studying with many practitioners, she has been practicing and teaching constellations worldwide. She has developed and taught the applications of the systemic approach in family, organisational and educational contexts, and is on the faculties of the European Organisational and Family Constellation Intensives.

Jutta ten Herkel, BA (Psych) Hon - is a senior teaching faculty member and has trained in Gestalt, psychodynamic approaches and Hellinger's Systemic Therapy. She works as a therapist and supervisor, is co-founder of three European systemic training organisations and runs workshops and training courses in family constellations in the UK and abroad. She co-founded the Systemic Solutions Bulletin and has translated some of Bert Hellinger's books into English.

Richard Wallstein, PhD, C.Psychol, UKCP Reg – is a Senior teaching faculty member; he has a background in psychology and Gestalt psychotherapy and began studying Hellinger's work in 1993, working with many practitioners. He has been leading workshops and trainings internationally for many years and has private psychotherapy and consulting/coaching practices in London. He was a founding board member of ISCA, the International Systemic Constellations Association.

Directors and Faculty

Gaye Donaldson (BACP) is a Director of the Centre and teaching faculty member. She has trained extensively in both family and organisational constellations since 1998 She facilitates family constellations workshops and works as a systemic consultant. Gaye is also a counsellor working in the community and the private sector.

Nicola Dunn (UKCP & BACP) is a Director of the Centre and teaching faculty member. She is an experienced Systemic Psychotherapist and constellator trained in Integrative Individual Psychotherapy, Family Therapy & Family and Organisational Constellations. She has worked in the health and business sectors as well as private practice for over 20 years.

"I have been using my training to help look at new ways of working with students and their families in an educational setting- It has been very helpful for me to look at the school as a system where everybody has his/her rightful place."

Edward Rowland MA is a Director of the Centre and teaching faculty member. A constellations practitioner for both family and organisational systems, he has 15 years experience of helping people unfold their unique potential and creativity. His systemic work integrates his background as a barrister, theatre actor and therapist working in various clinical settings. He trained in Gestalt, psychodynamic and systemic approaches to therapy & change, and has taught systemic approaches at various business schools and universities.

Chris Williams is a Director of the Centre and a teaching faculty member. He has been working in the therapeutic field since 1990 and currently works as a Constellation Practitioner, Psychotherapist, Supervisor, Coach and Trainer. He is a UKCP registered Gestalt psychotherapist and a senior accredited BACP counsellor, with a well-established practice in South London.

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