

Foundation Course in Systemic Constellations 2011

A method both practical and profound

The training

This course offers an opportunity to develop a working understanding of a systemic approach, which can be used to resolve personal, family and social issues. The course is a valued resource for people wishing to engage in personal and professional development; it provides a truly fresh perspective on yourself, your work and the family and community groups to which you belong.

The course may be undertaken as an independent unit or as a foundation to the wider CSC professional training.

Who is it for?

This course is for anybody who wishes to gain a fuller understanding of some of the issues and concerns they carry in their everyday lives and of the personal obstructions in the flow of their work.

It is particularly relevant for professionals whose work brings them into contact with family and other social systems, for example:

- Therapists, counsellors, health professionals and those in related fields
- Social care professionals working with children and families, marginalised social groups and refugees.
- Those working in the field of substance abuse and in the criminal justice system.

As it is a method for dealing with human systems that can help to find a place for every member of the system, this approach integrates with and deepens other resolution-oriented perspectives.

At this foundation level the training is offered as an enrichment of existing practice and not as a qualification.

“An excellent grounding in the theory and practice of this work from the UK’s leading practitioners. It has proved extremely valuable both personally and professionally, and given me a wonderful peer group of emerging practitioners in this work.”

What will you learn?

The foundation year introduces participants to the underpinning principles and practice of the systemic approach originally developed by Bert Hellinger, with a focus on constellating in family systems. The emphasis is mainly practical and experiential - you will have the opportunity to develop the capacity to view and resolve situations with a 'systemic eye'. This process involves a shift from seeing people and their difficulties in a context in which individual responsibility and blame form the basis for attempts at resolution towards one which allows the perception of the person and their issue as having a relationship with the context of the individual's membership in wider systems.

Course Dates 2011

Module 1: April 15 th – 17 th	Residential, Somerset
Module 2: June 24 th – 26 th	Non-residential, London
Module 3: September 9 th – 11 th	Non-residential, London
Module 4: October 21 st – 23 rd	Non-residential, London
Module 5: December 2 nd – 4 th	Residential, Somerset

Tutorial dates will be arranged individually.

All non-residential modules are held at Violet Hill Studios (NW8) in London; tutorials are also in London. Residential modules will be held at Budleigh Farm, near Taunton. Students will be required to book off site Bed and Breakfast. A list will be provided.

Fee £1595

Contact Information

For a course application or further information please contact **Rosie Anson:**

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Website: www.centreforsystemicconstellations.com

Faculty

The course is taught by seven practitioners, each of whom has more than a decade of experience in constellations work.

Founders

Judith Hemming, MA, UKCP Reg is a senior teaching faculty member and has a background in education and Gestalt psychotherapy. Since learning Hellinger's approach in the early 90's and studying with many practitioners, she has been practicing and teaching constellations world-wide. She has developed and taught the applications of the systemic approach in family, organisational and educational contexts, and is on the faculties of the European Organisational and Family Constellation Intensives.

Jutta ten Herkel, BA (Psych) Hon - is a senior teaching faculty member and has trained in Gestalt, psychodynamic approaches and Hellinger's Systemic Therapy. She works as a therapist and supervisor, is co-founder of three European systemic training organisations and runs workshops and training courses in family constellations in the UK and abroad. She co-founded the Systemic Solutions Bulletin and has translated some of Bert Hellinger's books into English.

Richard Wallstein, PhD, C.Psychol, UKCP Reg – is a Senior teaching faculty member; he has a background in psychology and Gestalt psychotherapy and began studying Hellinger's work in 1993, working with many practitioners. He has been leading workshops and trainings internationally for many years and has private psychotherapy and consulting/coaching practices in London. He was a founding board member of ISCA, the International Systemic Constellations Association.

Directors

Gaye Donaldson (BACP) is a Director of the Centre and teaching faculty member. She has trained extensively in both family and organisational constellations since 1998. She facilitates family constellations workshops and works as a systemic consultant. Gaye is also a counsellor working in the community and the private sector.

Nicola Dunn (UKCP & BACP) is a Director of the Centre and teaching faculty member. She is an experienced Systemic Psychotherapist and constellator trained in Integrative Individual Psychotherapy, Family Therapy & Family and Organisational Constellations. She has worked in the health and business sectors as well as private practice for over 20 years.

Edward Rowland is a Director of the Centre and teaching faculty member. A constellations practitioner for both family and organisational systems, he has 15 years experience of helping people unfold their unique potential and creativity. His systemic work integrates his background as a barrister, theatre actor and therapist working in various clinical settings. He trained in Gestalt, psychodynamic and systemic approaches to therapy & change, and teaches systemic approaches on the MSc in Coaching at Henley Business School.

Chris Williams is a Director of the Centre and a teaching faculty member. He has been working in the therapeutic field since 1990 and currently works as a Constellation Practitioner, Psychotherapist, Supervisor, Coach and Trainer. He is a UKCP registered Gestalt psychotherapist and a senior accredited BACP counsellor, with a well-established practice in South London.