

## Professional Training in Systemic Constellations Second Year

### Putting Systemic Understanding into Practice

This course offers the opportunity to both extend and deepen your understanding of the systemic approach and to be part of a learning community where you can put into practice your growing capacity and skills in theory and understanding.

#### Who is it for?

This course is for individuals who have completed a foundation year of systemic training with **CSC**, or another similarly oriented institution, and who wish to further integrate this perspective into their personal life and professional practice.

#### What will you learn?

The emphasis is on experiential learning and learning by doing. This course builds on the theory and practice of the foundation course, participants receive personal tutorials and are able to attend faculty-led workshops.

You will have further opportunities to:

- Constellate with support those issues that relate to your professional orientation.
- Study additional topics, e.g. the use of ritual, the overlap with other and wider systems, working with symptoms, developing the capacity to suggest useful sentences, issues of group management, sensitivity to the field development of an ethical framework, working with addiction, and conflict resolution and divorce.
- Become skilled in the phenomenological method.
- Conduct initial interviews, so as to expand your choice points before, during and at the conclusion of a constellation.
- Develop your sensitivity to language and somatic information.
- Deepen your presence, stance and intention

## Faculty

The course is taught by seven practitioners, each of whom has more than a decade of experience in constellations work.

### Founders

**Judith Hemming**, MA, UKCP Reg is a senior teaching faculty member and has a background in education and Gestalt psychotherapy. Since learning Hellinger's approach in the early 90's and studying with many practitioners, she has been practicing and teaching constellations world-wide. She has developed and taught the applications of the systemic approach in family, organisational and educational contexts, and is on the faculties of the European Organisational and Family Constellation Intensives.

**Jutta ten Herkel**, BA (Psych) Hon - is a senior teaching faculty member and has trained in Gestalt, psychodynamic approaches and Hellinger's Systemic Therapy. She works as a therapist and supervisor, is co-founder of three European systemic training organisations and runs workshops and training courses in family constellations in the UK and abroad. She co-founded the Systemic Solutions Bulletin and has translated some of Bert Hellinger's books into English.

**Richard Wallstein**, PhD, C.Psychol, UKCP Reg – is a Senior teaching faculty member; he has a background in psychology and Gestalt psychotherapy and began studying Hellinger's work in 1993, working with many practitioners. He has been leading workshops and trainings internationally for many years and has private psychotherapy and consulting/coaching practices in London. He was a founding board member of ISCA, the International Systemic Constellations Association.

### Directors

**Gaye Donaldson** (BACP) is a Director of the Centre and teaching faculty member. She has trained extensively in both family and organisational constellations since 1998 She facilitates family constellations workshops and works as a systemic consultant. Gaye is also a counsellor working in the community and the private sector.

**Nicola Dunn** (UKCP & BACP) is a Director of the Centre and teaching faculty member. She is an experienced Systemic Psychotherapist and constellator trained in Integrative Individual Psychotherapy, Family Therapy & Family and Organisational Constellations. She has worked in the health and business sectors as well as private practice for over 20 years.

**Edward Rowland** is a Director of the Centre and teaching faculty member. A constellations practitioner for both family and organisational systems, he has 15 years experience of helping people unfold their unique potential and creativity. His systemic work integrates his background as a barrister, theatre actor and therapist working in various clinical settings. He trained in Gestalt, psychodynamic and systemic approaches to therapy & change, and teaches systemic approaches on the MSc in Coaching at Henley Business School.

**Chris Williams** is a Director of the Centre and a teaching faculty member. He has been working in the therapeutic field since 1990 and currently works as a Constellation Practitioner, Psychotherapist, Supervisor, Coach and Trainer. He is a UKCP registered Gestalt psychotherapist and a senior accredited BACP counsellor, with a well-established practice in South London.

## Course Dates 2011

<b>Module 1:</b> March 18 <sup>th</sup> -20 <sup>th</sup>	Residential, Somerset
<b>Module 2:</b> May 20 <sup>th</sup> -22 <sup>nd</sup>	Non-residential, London
<b>Module 3:</b> July 15 <sup>th</sup> -17 <sup>th</sup>	Non-residential, London
<b>Module 4:</b> September 16 <sup>th</sup> -18 <sup>th</sup>	Non-residential, London
<b>Module 5:</b> November 4 <sup>th</sup> -6 <sup>th</sup>	Residential, Somerset

Tutorial dates will be arranged individually.

All non-residential modules are held at Violet Hill Studios (NW8) in London; tutorials are also in London. Residential modules will be held at Budleigh Farm, near Taunton. Students will be required to book off site Bed and Breakfast. A list will be provided.

**Total Fee** £1595

## Contact Information

For a course application or further information please contact **Rosie Anson:**

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